

2011

Four weeks of HARVEST



Wendy Fryatt

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Hello there,

Harvest-time is coming fast; would you consider helping Black Country Foodbank (BCFB) with our collection this year?

On the following six pages you have a selection of the items we collect on a regular basis to feed those in crisis in our community. The idea is that by photocopying and giving out these shorter lists to collectors we won't receive an abundance of the first few items on our regular list and a shortfall of the items at the bottom of our list.

The way this *should* work is:

At your school, church or office; you give out these lists randomly to interested households who then have a four week shopping list, different from the person next to them.

I.e.

Yr.1 would receive 4 weeks of harvest 2011 (a)

Yr.2 would receive 4 weeks of harvest 2011 (b)

Yr.3 might receive 4 weeks of harvest 2011 (e)

and so on.... OR

Main Church would receive 4 weeks of harvest 2011 (c)

Youth Dept. might receive 4 weeks of harvest 2011 (e)

Sunday School could have 4 weeks of harvest 2011 (a)

Could you please make sure the foods are 'in-date', i.e. within their best Before or BBE as we can't give away food that is past it's best-before date and we don't want to waste any donations.

You can then contact us and we'll try and arrange to come out to you and collect your donations or contact us and we'll let you know where they can be dropped off.

So, over to you.

Please let us know if you're collecting for us;, would you like someone from BCFB to come and talk to your group?

let us know at admin@blackcountryfoodbank.org.uk

With our very best wishes,

Wendy & all the team @ BCFB



4 Weeks of Harvest 2011 (a)

Could you give a harvest gift to help those in the Black Country who find themselves in crisis?

We want to provide food to feed individuals and families.

Each week we are asking you to add an extra item to your shopping basket.

If you want to buy more than one item each week, then that's fine – the more the better.

Week 1
Jar of Coffee

Week 2
Tin of Fruit

Week 3
Jar of Pasta/ Cooking Sauce

Week 4
1 Litre Carton UHT Milk

Bring your gift along and put in your church/school/office collection point. You could read Matthew 25:37-40 to see what Jesus said about helping the poor.

4 Weeks of Harvest 2011 (b)

Could you give a harvest gift to help those in the Black Country who find themselves in crisis?

We want to provide food to feed individuals and families.

Each week we are asking you to add an extra item to your shopping basket.

If you want to buy more than one item each week, then that's fine – the more the better.

Week 1
Bottle of Squash

Week 2
500g / 1kg Bag of Rice

Week 3
Tin of Vegetables

Week 4
Jar of Pasta/ Cooking Sauce

Bring your gift along and put in your church/school/office collection point. You could read Matthew 25:37-40 to see what Jesus said about helping the poor.

4 Weeks of Harvest 2011 (c)

Could you give a harvest gift to help those in the Black Country who find themselves in crisis?

We want to provide food to feed individuals and families.

Each week we are asking you to add an extra item to your shopping basket.

If you want to buy more than one item each week, then that's fine – the more the better.

Week 1
500g or 1kg Bag of Sugar

Week 2
Tin of Vegetables

Week 3
Packet of Noodles /
Savoury Rice

Week 4
Tinned Ready Meal
(chilli, curry, spag. bol., Irish Stew,
ravioli, macaroni cheese, veg.curry etc.)

Bring your gift along and put in your church/school/office collection point. You could read Matthew 25:37-40 to see what Jesus said about helping the poor.

4 Weeks of Harvest 2011 (d)

Could you give a harvest gift to help those in the Black Country who find themselves in crisis?

We want to provide food to feed individuals and families.

Each week we are asking you to add an extra item to your shopping basket.

If you want to buy more than one item each week, then that's fine – the more the better.

Week 1
1 Litre Carton UHT Milk

Week 2
Tin of Tomatoes

Week 3
Pkt. of Biscuits, Crackers or
Crispbread

Week 4
Pkt of Tea bags

Bring your gift along and put in your church/school/office collection point. You could read Matthew 25:37-40 to see what Jesus said about helping the poor.

4 Weeks of Harvest 2011 (e)

Could you give a harvest gift to help those in the Black Country who find themselves in crisis?

We want to provide food to feed individuals and families.

Each week we are asking you to add an extra item to your shopping basket.

If you want to buy more than one item each week, then that's fine – the more the better.

Week 1
A Box/Pkt of Cereal

Week 2
Tin of Rice Pudding

Week 3
1 Litre Carton long life
Fruit Juice

Week 4
Tin of Fish (tuna etc)

Bring your gift along and put in your church/school/office collection point. You could read Matthew 25:37-40 to see what Jesus said about helping the poor.

4 Weeks of Harvest 2011 (f)

Could you give a harvest gift to help those in the Black Country who find themselves in crisis?

We want to provide food to feed individuals and families.

Each week we are asking you to add an extra item to your shopping basket.

If you want to buy more than one item each week, then that's fine – the more the better.

Week 1
500g / 1kg Packet Pasta

Week 2
Tin/ Pkt of Soup

Week 3
Tin of Potatoes /
Pkt dried Potato

Week 4
Tin of Meat (ham, corned beef,
mince, etc)

Bring your gift along and put in your church/school/office collection point. You could read Matthew 25:37-40 to see what Jesus said about helping the poor.