

**SHORTAGES/FREQUENTLY USED LIST: July 2022**

**Milk (long life) 1L cartons**

**Fruit juice (long life) 1L cartons**

**Tinned Tomatoes**

**Jars of Cooking Sauces**

**Small Jars of Coffee**

**Tinned Meat (corned beef/ham/spam/  
hotdogs)**

**Tinned Fruit**

**Pasta and Sauce (flavoured, dried packet)**

**Microwavable flavoured rice packets**

**Breakfast Cereals (small packs)**

**Potatoes (tinned or dried packet mash)**

**Shampoo**

**Deodorant (roll on)**

**Toilet Rolls**

**Bars of Soap**

**Toothpaste**

**Shower Gel**

*Thank you!*

