

Fact and fiction Cards Question and Answers

Black Country Foodbank is there to support people in crisis.

TRUE

Foodbanks are there to help and support people in a crisis.

BLACK COUNTRY
FOODBANK
LOVE . CONNECT . INVEST

Black Country Foodbank parcels contain plenty of fresh ingredients.

FALSE

Foodbank cannot take chilled or fresh food as they cannot store them.

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The amount of people using Black Country Foodbank is growing each year.

TRUE

Foodbank figures are growing in 2021
½ million meals were given out.

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Black Country foodbank parcels contain a variety of tinned and packaged food, including biscuits and snacks.

TRUE

Many foodbanks cannot store chilled and fresh food.

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Black Country Foodbanks are mainly staffed by volunteers, who give up their free time to help out.

TRUE

Foodbanks depend on volunteers to stock the warehouse and support at the individual foodbanks.

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The only people who use Black Country Foodbank are homeless.

FALSE

Foodbank helps people in a crisis. Some are homeless but most people are not.

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You can just turn up to any Black Country Foodbank and get food

FALSE

Most foodbank clients have to be referred by a specialist agency in order to access the service

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Many of the people helped by Black Country Foodbank are children

TRUE

BCFB provided over ½ million meals in 2021 – 37% were for children that's 185000 meals

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We don't have food poverty in the UK

FALSE

Food poverty is on the rise in Britain and is one of the highest in Europe.

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Black Country Foodbank parcels contain plenty of fresh ingredients.

FALSE

Some foodbank clients do not have access to cooking facilities so would be unable to cook fresh ingredients. Many foodbanks cannot store chilled and fresh food.

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While at Black Country foodbank, clients can usually pick up helpful literature or get advice from volunteers on other agencies who can help them.

TRUE

Many foodbanks sign post clients to agencies that may be able to help them further.

BLACK COUNTRY
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Black Country foodbanks provide nutritionally balanced food.

TRUE

We aim to provide nutritionally balanced food but often the parcel includes a treat like crisps or chocolate.

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Black Country Foodbank began from a dining room table

TRUE

In 2006 a lady started BCFB from her dining room table feeding 45 families in the first year.

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There are more foodbanks in England than Mc Donald's

TRUE

There are at least 1172 independent food banks operating across the UK.

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