

FOOD ITEMS:

- 1LTR CARTONS UHT MILK
- TEA BAGS BOX OF 40'S
- SMALL JARS OF COFFEE
- 1LTR CARTONS LONG LIFE FRUIT JUICE
- PACKETS OF SAVOURY RICE/INSTANT NOODLES
- TINNED SOUP
- TINNED VEGETABLES
- TINNED POTATOES/PACKET MASH
- TINNED READY MEALS - MEAT & VEGETARIAN
- TINNED MEAT - CHICKEN/HAM/HOT DOGS
- TINNED FISH
- TINNED TOMATOES
- PASTA SAUCE
- TINNED FRUIT
- BREAKFAST CEREALS

NON-FOOD ITEMS:

- BARS OF SOAP
- TOILET ROLL
- ROLL ON DEODORANT
- SHOWER GEL

