



Easter 2025

SHOPPING LIST

**BLACK COUNTRY
FOODBANK**
LOVE . CONNECT . INVEST

BLACK COUNTRY FOODBANK HELPS VULNERABLE INDIVIDUALS AND FAMILIES IN CRISIS THROUGH THE PROVISION OF AN EMERGENCY FOOD AND TOILETRY PARCEL, WHILE A LONGER-TERM SOLUTION IS DEVELOPED

PLEASE SUPPORT US BY DONATING ITEMS FROM OUR SHOPPING LIST

- TEA BAGS BOX OF 40'S
- CARTONS OF LONG LIFE FRUIT JUICE
- TINNED FISH
- CORDIAL/SQUASH
- SMALL JARS OF COFFEE
- TINNED CHOPPED TOMATOES
- BREAKFAST CEREAL
- TINNED FRUIT
- TINNED CUSTARD/RICE PUDDING
- TINNED READY MEALS (MEATBALLS/CHILLI/MAC AND CHEESE)
- CARTONS OF UHT MILK
- TINNED MEAT (HAM/CORNERED BEEF)
- TINNED FRAY BENTOS PIES
- TINNED VEGETABLES
- TINNED POTATOES/MASH
- PASTA SAUCE
- SAVOURY RICE
- INSTANT NOODLES
- ROLL ON DEODORANT
- SHAMPOO
- SHOWER GEL
- TOILET ROLL
- BARS OF SOAP



PLEASE SCAN THE QR CODE TO RECEIVE A WEEKLY REMINDER OF OUR SHORTAGES LIST ON YOUR SHOPPING DAY

